

GABORONE REGIONAL CAMPUS COUNSELLING CENTRE

STRATEGIC FOUNDATIONS *Mission, Vision and Values*



BOU-GRC Counselling Centre's Mission is to provide quality mental health services to enhance the development of skills, attitude and behaviours necessary for personal growth, successful academic progress, and student effectiveness in Open and Distance Learning. The centre helps learners acquire the necessary skills (academic, career & personal/social) to maximise their potential for successful transition through life-long learning. This will be achieved by providing a dynamic and engaging approach to counselling, supporting inclusivity and diversity and promoting student engagement.



BOU-GRC Counselling Centre supports the quality education, research and community engagement mission of the University. We cherish:

• Excellence:

We commit to serving our clients and continually challenge ourselves to exceed expectations in supporting and promoting effective Open and Distance Learning.

• Student Centeredness

We focus on nurturing the growth and holistic wellbeing of our students by providing extraordinary psychological, social, physical, spiritual and educational support to enhance life-long learning.

• Inclusivity



To be a Centre that nurtures and inspires all students.

OUR PHILOSOPHY:

We believe that every learner has an inherent drive to succeed, and they will engage and strive for excellence when they feel valued, supported and included. ·····/

We aim to create an open and safe (non-judgmental and confidential) environment that promotes the richness of diversity of BOU students and the unique needs of our special populations and to continually evaluate and advance the services to cater for all students.

• Innovation

We strive to improve service delivery to reach out to all students through infusion of technology in our service provision.

OPERATION TIMES: Monday-Friday 0730-1345Hrs and 1345-1630Hrs.

CONTACT DETAILS:

Telephone: (+267) 3646148 E-mail: counsellor-grc@staff.bou.ac.bw Inspire Tomorrow, Today