

GUIDANCE & COUNSELLING PROGRAMME

BOTSWANA OPEN UNIVERSITY (BOU)
STUDENT SUPPORT ENHANCEMENT PROGRAMME
CEMBA/CEMPA
30TH AUGUST, 2023
Julia Bahuma

Presentation Layout

1. Getting ready
2. Pivoting/Plan B
3. Passion

Getting Ready



The Right Tools



Plan B

Pivoting

Emotional alignment

Resource alignment

WILLPOWER

Grit

Passion

Serenity

CONCLUSION

We are all special in our own way, lets appreciate ourselves, love ourselves and be happy.

Why Guidance & Counseling

Self Awareness

- Emotional stability
- Self care
- Personal management

THANK YOU